



Friday, May 6, 2016
Hilton - Jackson

Third Annual 2016 Mississippi Children's Mental Health Summit



#THRIVING

Promoting Resilience in Our Children

Today, children and youth are facing challenges and problems that take many forms. Children who experience trauma are 2.5 times more likely to have to repeat a year of school, to have chronic health issues such as asthma or obesity, and to be diagnosed with ADHD.

The 2016 Children's Mental Health Summit will provide insight to professionals working with children on how to support them through trauma and teach resiliency. Participants will have the opportunity to learn from evidence-based practices and real world solutions to help Mississippi's children, youth and families thrive.



**Honorary Chair
Deborah Bryant,**
First Lady of Mississippi

AGENDA



- 7:00 - 8:30 a.m. **REGISTRATION**
Continental Breakfast - Visit Vendors
- 8:30 a.m. **WELCOME**
Invocation - Dr. Jerry Young
- 9:00 a.m. **GENERAL SESSION**
Governor Phil Bryant
Governor of Mississippi
David Chandler
Division of Family and Children's Services
Christine James-Brown, President/CEO
Child Welfare League of America
- 10:15 a.m. Break - Visit Vendors
- 10:30 a.m. **RESILIENCE – THE KEY TO THRIVING**
Keynote Speaker: Terry Morris, PhD
Presented by the Mississippi Department of Mental Health
- 12:00 p.m. Lunch - Visit Vendors
- 1:00 p.m. **BUILDING RESILIENCY IN OUR WORKFORCE - SECONDARY TRAUMA**
Kelly Wilson, LCSW
- 2:15 p.m. Break - Visit Vendors
- 2:30 p.m. **BREAK OUT SESSIONS**
- Building Resiliency So Our Children and Families Thrive
 - Relationships and Resiliency
 - Family Assessment Scale for Trauma and Well-Being
- 4:00 p.m. Adjournment

GENERAL SESSION OVERVIEW

Participants will hear from local and national leaders about current issues, priorities and measures being taken to address the growing needs for children and families in Mississippi.

RESILIENCE – THE KEY TO THRIVING

Terry Morris, PhD

Presented by the Mississippi Department of Mental Health

Life is hard. At times, the hazards and obstacles in life have the ability to take the wind out of your sail. Why does one child, one family prosper while another child, another family does not? The key is resilience. Resilience is more about our responses to obstacles rather than the obstacles themselves. Resilience is about successful mindsets, intrinsic values and time-tested behavioral principles that remain after the obstacle has gone. It is about being grounded in who and what you were meant to be. Dr. Morris was once a child who suffered severe abuse and had to overcome overwhelming odds for most of his childhood. He will share how teachers, counselors and foster families used their influence to build resilience in his life. Today, Dr. Morris is a NASA engineer working on national and global projects. He owes a debt of gratitude to the human architects of his life. Truly, resilience is the key to thriving.

BUILDING RESILIENCY IN OUR WORKFORCE - SECONDARY TRAUMA

Kelly Wilson, LCSW

It is unusual to talk about the impact of trauma on those in helping professions, those who care for others. There is a universal dilemma between giving to others and taking care of ourselves. Secondary trauma refers to the negative changes in the helper as a result of empathetically engaging with and feeling or being responsible for those traumatized. Secondary trauma is an inescapable effect of trauma work, an occupational hazard. Kelly Wilson, a nationally recognized clinical expert in childhood traumatic stress, will share the impact of secondary trauma on today's workforce and the unexpected impact on organizations. Kelly will focus on ways for organizations to support staff in building resiliency and ways for individuals to learn from, make meaning of and become stronger as a result of these relationships and challenges.



In observance of Children's Mental Health Awareness week, wear green on May 6.

WHO SHOULD ATTEND

- Social Workers
- Special Education Personnel
- School Counselors
- Behavioral Specialists
- Community and Faith-based Youth Workers
- Psychologists
- School Resource Officers
- Parents and Foster Parents
- Child Advocates
- Judges (Youth Court and Chancery Court)
- Law Enforcement
- Other Professionals Working with Young People



BREAKOUT SESSION OVERVIEW

BUILDING RESILIENCY SO OUR CHILDREN AND FAMILIES THRIVE

Kelly Wilson, LCSW

Have you ever wondered what makes someone resilient? Why two people experience the same traumatic event will have different reactions? This interactive workshop will address the impact of trauma on children and families. We will focus on what makes us resilient and then explore ways to help children and families build resiliency.

FAMILY ASSESSMENT SCALE FOR TRAUMA AND WELL-BEING

Priscilla Martens, Executive Director National Family Preservation Network; Shelia C. Searfoss, M.S., LPC President and Executive Director of Family Facets (Tri-County Counseling Services, Inc.); Lisa Ann Lipka, Director of Family Preservation Services (FPS) Burlington County & Cumberland County Programs; Kim Horton, LMSW, Clinical Director, Mississippi Children's Home Services, CARES Center; Kayla Erickson, LPC, Research and Outcome Coordinator, Mississippi Children's Home Services.

The National Family Preservation Network serves as a national voice for the preservation of families achieved through initiatives in family preservation, reunification, and father involvement. This workshop will focus on the first of its kind family assessment tool with trauma and post trauma well-being domains to measure family functioning. The workshop will provide information on Mississippi's role in the pilot to develop the trauma and post trauma well-being domains, research results and the use of these tools in intensive family preservation and reunification services.

RELATIONSHIPS AND RESILIENCY

Elizabeth S. Frizzell, LCSW, Director of Organizational Development and Training, Mississippi Children's Home Services
Wanda Thomas, LCSW, Director of Intensive In-Home Services, Mississippi Children's Home Services

Every day in this country children are removed from their families, homes, and community and enter the child welfare system due to abuse and neglect. Many of these children are placed in foster homes or institutional settings such as group homes or treatment facilities. How does this removal impact these children and families? This workshop will provide insight into the impact of trauma on children, the importance of attachments and healthy relationships and what we can do to help these children build resiliency while achieving permanency.

GENERAL INFORMATION

ACCOMMODATIONS

\$99/night at the Jackson-Hilton, 1001 East County Line Road, Jackson, MS 39211
Guests may call toll free to 1-888-263-0524 and request reservations. Guests may also go online to www.hiltonjackson.com and place the group code (MCHSS) in the group code field when prompted (not the promo code or corporate accounts fields). The block will close on April 14, 2016.

CONTINUING EDUCATION UNITS (CEUs)

Application has been submitted to the Mississippi Department of Mental Health, Division of Professional Development, for Psychologists (APA), Social Workers (MBOE), Counselors (NBCC), and Mental Health Therapist (DMH) for 4 hours of continuing education.

PAYMENT

There will be a \$50/participant fee which covers the cost of materials, breaks, lunch and CEUs. Fees can be paid by check or credit card. Please make checks payable to Mississippi Children's Home Services. Please submit payment to: Mississippi Children's Mental Health Summit, c/o MCHS, Post Office Box 1078, Jackson, MS 39215

QUESTIONS?

Contact 601.352.7784 or visit www.helpkidsthive.org for more information.



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Shani Meck, MD and Jackie Meck



FEATURED PRESENTERS



GOVERNOR PHIL BRYANT was sworn in for his second term as Mississippi's 64th governor on January 12, 2016. Before becoming the state's chief executive, Bryant was lieutenant governor from 2008-2011. He also served as state auditor and represented his legislative district in the Mississippi House of Representatives for five years.

Gov. Bryant began his career as a deputy sheriff in Hinds County and later worked as an insurance investigator before being elected to the House of Representatives in 1991. In 1996, then Gov. Kirk Fordice appointed him state auditor, a position he was re-elected to in 1999 and 2003.

As governor, Phil Bryant has led Mississippi in implementing transformational public education reforms, promoting economic development and building a competitive business climate that attracts major employers like Yokohama Tire Corporation and Continental Tire. Under Gov. Bryant's administration, over 21,000 jobs have been announced along with \$3.1 billion in new corporate investments. He is also an avid outdoorsman and is a longtime member of the National Rifle Association's Institute for Legislative Action.

Gov. Bryant and his wife, First Lady of Mississippi Deborah Bryant, have two adult children, Katie Bryant Snell and Patrick Bryant, and are active members of St. Marks United Methodist Church in Brandon.



DAVID CHANDLER is the executive director of the Division of Family and Children's Services. Chandler was born in Kosciusko and grew up in Weir. He earned his bachelor's, master's and doctoral degrees in education from Mississippi State University, a law degree from the University of Mississippi and a master of law in judicial process from the University of Virginia.

For about 10 years, he worked in Choctaw County public schools before becoming a research and curriculum specialist at MSU, where he developed material for secondary and post-secondary work-force training programs.

After law school, Chandler practiced law in Tupelo and Choctaw County, where he served as attorney for the Board of Supervisors. He was municipal judge in Weir from 1999 until he was elected to the Court of Appeals, where he served for eight years until he was elected to the state Supreme Court in 2008.

Chandler has authored numerous professional articles on education and law. Chandler and his wife, Glenda, live in Louisville and have two sons.



CHRISTINE JAMES-BROWN became President and Chief Executive Officer of the Child Welfare League of America (CWLA) in April 2007, assuming the leadership of the nation's oldest and largest membership-based child welfare organization.

Throughout her career, Ms. James-Brown has worked tirelessly to help nonprofit health and human service organizations grow and expand their ability to serve children and families through foundation and corporate philanthropy.

Ms. James-Brown's valuable skills and leadership qualities maximizes CWLA's impact as a powerful network and further strengthen its capacity to anticipate and respond to the needs of vulnerable children and families.

She has served as a member of the boards of the School District of Philadelphia, Community College of Philadelphia, the Samuel S. Fels Fund, the Greater Philadelphia Chamber of Commerce, Citizens Bank, Public/Private Ventures, and the Pennsylvania Bar Association Judicial Evaluation Commission.

A native Philadelphian, Ms. James-Brown holds a BA in Cultural Anthropology from Rutgers University. In 1996, Drexel University awarded her an honorary degree of Doctor of Humane Letters.

FEATURED PRESENTERS



TERRY MORRIS, PhD is an electrical and systems engineer as well as a national speaker supporting philanthropy, community service and child advocacy in multiple countries. Some of his national speaking engagements have included the White House, the Pentagon, the Federal Reserve, FBI, CIA, National Security Agency, NASA, OPM, the Smithsonian, the Nuclear Regulatory Agency, Selective Service, the National Institutes of Health, as well as the Departments of Justice, Agriculture, Interior, State, Treasury, and Transportation. He is the Manager for Integrated Hazard Analysis within the Safety-Critical Avionics Systems Branch at the NASA Langley Research Center. He has received the White House's National CFC Hero Award as well as NASA's Exceptional Achievement Medal.

Dr. Morris holds a B.S. in electrical engineering at Mississippi State University, an M.S. in electrical engineering at Old Dominion University, a George M. Low Fellowship at the Massachusetts Institute of Technology, a Ph.D. in system engineering at the University of Virginia and a Certificate of Public Leadership at the Brookings Institution. Dr. Morris currently serves on the United Way Community Investment Team, current board chairman for FEMA Food and Emergency Shelter and has served as Vice chairman on the Advisory Committee to the Court Appointed Special Advocate and Children's Justice Act Programs for the Virginia Department of Criminal Justice Services as well as other boards and councils.



KELLY WILSON, LCSW is a clinician, consultant and trainer in private practice in Ridgeland, MS. She has over 20 years of experience in the mental health field specializing in the treatment of childhood traumatic stress. Ms. Wilson has worked extensively with children and families in multiple settings including therapeutic foster care, in-home services, child welfare prevention and reunification cases, child advocacy centers, and outpatient care. She is a nationally recognized trainer of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and has been a faculty on numerous TF-CBT Learning Collaboratives across the country. Beyond clinical training, Ms. Wilson has worked with organizations to bring about systems change focused on administrative and supervisory structures that support the adoption and implementation of evidence-informed clinical practices. Ms. Wilson maintains a private practice working with adults and adolescents focusing on anxiety, depression, trauma, grief and loss, and adjustment issues. Ms. Wilson has a passion for ensuring client-driven behavioral healthcare of the highest quality.

REGISTRATION



To register for the Mississippi Children's Mental Health Summit, register on-line at www.helpkidsthive.org, mail to **Children's Mental Health Summit, c/o MCHS, Post Office Box 1078, Jackson, MS 39215** or submit this form via fax at **601.968.0021**.

Business/Organization: _____

Contact Name: _____ Phone: _____

Title: _____ Email: _____

Address: _____

City/State/Zip: _____

Attendee's Name: _____

Title: _____ Email: _____

Attendee's Name: _____

Title: _____ Email: _____

Attendee's Name: _____

Title: _____ Email: _____

Attendee's Name: _____

Title: _____ Email: _____

Attendee's Name: _____

Title: _____ Email: _____

Number of Attendees: _____ X \$50= _____ (Payment Enclosed)

Payment types: Check - Payable to Mississippi Children's Home Services

Amount authorized to charge credit card: American Express Discover Mastercard Visa

Credit Card Number: _____ Expiration Date: _____

*Signature: _____ Card Verification Number: _____

**By signing above you are authorizing MCHS to charge this card for the amount shown above. You also hereby guarantee payment of the amount shown.*

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